

Onsite Corporate Chair Massage

Natalie Innella, LMT, and Owner of King of Prussia's PREMIER Massage Therapy Studio and Pain Relief Center A Touch of Heaven, and Tracy Smith, LMT with Maximum Performance International, have joined hands to bring you on site corporate chair and event massage services.

What Can Chair Massage Do For Your Company?

For years now, massage has provided tangible and intangible benefits to individuals in every walk of life and in any form of business. Health concerns are at an all-time high and companies want their employees and clients to feel their level of commitment to them and their well-being. Be it in a corporate environment or at a meeting or conference, applying the hands-on approach with a skilled therapist accomplishes these goals. While instituting a calm, peaceful, and productive working environment, just 10 minutes of office chair massage will also help to:



- *Relieve stress
- *Decrease anxiety and depression
- *Relieve muscle tension and pain
- *Improve the quality of sleep and increase immune function
 - * Relieve headaches
 - * Lower blood pressure
 - * Prevent repetitive strain injuries
 - * Treat carpal tunnel and tendonitis
- * Increase focus, energy and mental clarity

Rejuvenated employee's finish projects ahead of schedule, work satisfaction shoots through the roof, and you are declared employer of the year (it's possible!)

Everybody wins with Chair Massage. We come to you as professional Massage Therapists with professional massage equipment that is completely portable. The On Site Massage program is simple to set up and basically runs itself! No hassles, just benefits! Just set a time and provide a space – The rest is done for you. Weekly, bi-weekly, or monthly times are available.

**There are two ways to pay:
Employer Pays - Employee/Employer Split Pay**

**RATES:
\$100.00 per Therapist (First Hour)
\$75.00 per Therapist after first hour
2 hour minimum per therapist**

**Two Therapists will be needed for 16 or more Massages or if you prefer, double hourly bookings. (Ask for details)
(That would mean 10 massages per hour.)**

All bookings are in increments of 1 hr. unless otherwise arranged. Turnaround time of 2 to 3 minutes per each massage, For any massages outside of the 1 hr increment there will be a massage fee of \$25. per 15 minutes.
For your personalized quote, to arrange for On – Site Office Massage, or just have your questions answered, please call: Natalie or Tracy at the numbers listed below.

Natalie Innella, LMT, MFRP,RMP-Owner
A Touch of Heaven Massage Therapy and
Pain Relief Center
3400 Valley Forge Circle
King of Prussia, PA 19406
610-937-3089
www.a-touchofheaven.com

Tracy Smith, LMT
Maximum Performance International
848 W. Lancaster Avenue
Bryn Mawr, PA 19010
610-996-3666
www.tracysmithlmt.com